

Senior

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Senior Social Services

The Title 111B program is a social service program which includes information, referrals, and assistance available to provide Circuit Breaker, Insurance and Medicare Assistance, Pharmaceutical Assistance, Legal Aid for Seniors every other month, and Rules of the Road. Also transportation is available for age 60 plus, anywhere inside the city limits. ERBA has a wheel chair lift van available. Recreation for seniors such as TV, exercise equipment, quilting, painting classes, and bingo are some of the activities which are available. Activities vary at each center. The Title 111F program also promotes education, services which include foot clinics, and health equipment which is provided as needed.

These programs also vary at each center. Health screenings, weekly and monthly blood pressure clinics, and flu shots are accessible through the county nurse. Telephone reassurance provides phone calls to seniors to check for wellness and emotional support. Outreach services include home visits which are made to assess client's needs and to encourage participation in the available services. This program is funded by the Illinois Department on Aging, and the Southeastern

Illinois Agency on Aging. The services are available year round in Crawford, Jasper and Richland counties.

Jasper County Newton Senior Center, 904 West Jourdan, Newton, IL 62448. Phone 618-783-3660 or 618-783-3145.

Willow Hill Nutrition Site, Ruritan Building, Willow Hill, IL 62480.

Senior Citizens Nutrition Program

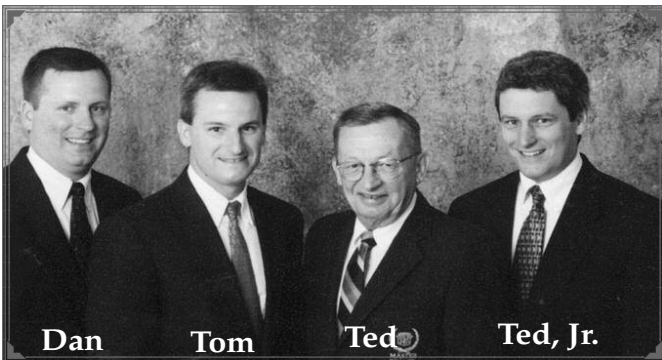
The Senior Citizens Nutrition Program provides nutritionally balanced meals on a donation basis to people who are 60 years of age and over. People under 60 years old may eat at the center for the cost of the meal. It is a year round program with no income guideline or any restriction besides the age limit. Meals are served on site, carry-outs or pick-ups are welcomed or on a home-delivered basis when the senior is home-bound. Educational information and social activities are available in addition to nutrition. This program is partially funded by the Illinois Department on Aging (IDOA), the Southeastern IL Agency on Aging (AOA) and through participants contributions. The program operates congregate and home delivered meal sites in Crawford, Jasper, and Richland Counties.

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